

• WE'VE GONE VIRTUAL •

# COUNSELING AT MATA



## WHY COUNSELING?

- Kids learn best when they feel good about themselves and their relationships with others
- Kids who understand their feelings learn how to better control their behavior
- Attitudes form during elementary school shape future attitudes towards self, society, and learning



## WHAT SERVICES DO WE PROVIDE

- Individual/group counseling
- Small group counseling
- Classroom lessons (Via Second Step)
- Xello (College and Career)
- Social emotional development skills
- 504's/IEP's
- Mental health/speech/psychological referrals
- Attendance monitoring
- Check-in's with students
- PBIS (Positive Behavior Intervention Supp



## CONTACT US:

### Via E-mail:

Mrs. Mezenski:  
nmezenski@stockton.org

Mrs. Chavez-Brown  
(se habla espanol)  
vchavez@stocktonusd.org

**Check out our website at:**

**<https://www.stocktonusd.net/domain/4763>**

**Please note that our website will be updated as much as possible**